



**SEPTEMBER 19<sup>th</sup> 2009**  
**Saturday, 10:00 AM**

**HARLEM RENAISSANCE ROAD RACE**  
2190 Adam Clayton Powell Blvd.,  
New York, NY 10027

**AWARD CATAGORIES:**

- © Top 3 male and female finishers overall
- © Top male and female finishers in the following age groups: 0-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 56-59, 60-64, 65-67, 70+.

**HARLEM RENAISSANCE ROAD RACE**

**SATURDAY SEPTEMBER 19<sup>th</sup> 2009**

**RACE START TIME: 10:00 AM**

**PEE-WEE RACERS START TIME: 9:30 AM**

**ACHILLES RACERS START TIME: @ 9:55 AM**

**REGISTRATION: 8:00 AM TILL 9:30 AM**

**WHERE: HOWARD BENNET PARK**

**135<sup>th</sup> Street between 5<sup>th</sup> and Lenox Avenues**

**(Take #2 or #3 Trains to 135 Street)**

**RACE START and FINISH at Harlem YMCA**

**135<sup>th</sup> & Adam Clayton Powell Blvd**

**New York, NY 10027**

**ENTRY FEE: Children under 6 years old - Free**

Pre-entry: \$10    Race Day: \$15

Seniors over 60: \$5    Fun-walk (2 miles): \$5

***Make checks payable to:***

**Harlem Renaissance Road Race**

**Mail to: 2190 Adam Clayton Powell Blvd.,**

**New York, NY 10027**

**Website: [WWW.HARLEMRACE.COM](http://WWW.HARLEMRACE.COM)**

**E Mail: [Harlem5Race@AOL.COM](mailto:Harlem5Race@AOL.COM)**

**Information – T: 917/945-4764 or 212/330-8393**

**To Volunteer and to Register**

**THE ORGANIZERS**

**Salem United Methodist Church**

**New York CitiWorks, Inc.**

**St Nicholas Residents Housing Association**

# HARLEM RENAISSANCE

## ROAD RACE APPLICATION

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_

ZIP \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

Your Age on Day of RACE \_\_\_\_\_

FEMALE  MALE

RACE EVENT: (Check box(es) below)

5 Mile Run  2 Mile Health Walk

Wheelchair  **Physically Challenged**

Senior Citizen  Pee Wee Run

Youth Runs: 1, 3/4 & 1/2 Mile Distances

T-Shirt Size:  S  M  L  XL

**Waiver** for race application: I know that running is a potentially a hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risk associated with running this event including but not limited to: falls , contact with other participants, the effect of weather , including high heat and /or humidity , traffic and the conditions of the road, and, all such risks being known and appreciated by me . Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waiver and release the Harlem Renaissance Road Race, in the City of New York and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of participation in this event though that liability may arise out of negligence or carelessness on the part of the person named in this waiver.

Signature \_\_\_\_\_

Date \_\_\_\_\_

• **\*(Parent sign if under 18years)**

HOW DID YOU FIND OUT ABOUT THE RACE?

Internet  Application  TV  FRIEND

Post Card News Paper Flyer Store

## The History Of The Harlem Renaissance Road Race

The Harlem Renaissance Road Race was founded by: Preston H. King Jr., MBA, CPA, New York CitiWorks Chairman and marathon runner; Abdul El-Amin, runner of ultra marathons and race trainer--John Adams, Attorney, educator and elite runner. Their mutual love of the sport of running and understanding the positive community benefits needed, they gathered to brainstorm to keep running alive in Harlem, from the past, for the present into future--no matter what!

They reached the community churches, hospitals, universities, political leaders, entertainment industry, businesses, Hip-Hop culture, Harlem youth, the running and athletic communities and found equal excitement and fervor to "keep-running-alive" in Harlem today.

### RACE OPERATING PARTNERS

The Harlem YMCA  
• Metropolitan United Methodist Church  
Columbia University Diabetes Center  
The Sugar Ray Robinson Legacy Project  
Harlem Congregation Of Churches  
Harlem Children's Zone - Harlem Dowling  
Harlem Neighborhood Based Network Providers  
Metro Plus - Radio Hot 97

## Harlem Renaissance And The New Negro Movement

In the early 1900s, particularly in the 1920s, African-American literature, art, music, dance, and social commentary began to flourish in Harlem, a section of New York City. This African-American cultural movement became known as "The New Negro Movement (1908 – 1938)" and later as the Harlem Renaissance. More than a literary movement, the Harlem Renaissance exalted the unique culture of African-Americans and redefined African-American expression. African-Americans were encouraged to celebrate their heritage.

By the 1890's there was a highly popular black sporting society. Out of this environment, Jack Johnson (1878), the first black heavyweight champion (1908), was an early archetype of the New Negro. Johnson as a black man exuded a pride, arrogance and an athletic excellence that helped to set the tone for the emerging Negro in a changing American Culture. Out of this new changing environment, Countee Cullen, of Salem UM Church, and Langston Hughes followed James Weldon Johnson's lead to become the accepted representative New Negro poets by the mid-1920s.

## Celebrating The 360<sup>th</sup> Anniversary of Harlem...Approaching

Harlem Renaissance Road Race 2009 will again raise awareness of the approach of the 360<sup>th</sup> anniversary of Harlem and bring full-circle recognition and celebration to this internationally renowned community. According to Dutch Municipal Records, the "Village of Haarlem" was settled in 1658. The Race route includes such notable landmarks as The Harlem YMCA, Adam Clayton Powell Boulevard, Central Park (once known as Seneca Village), Heart-Break Hill, Hamilton Heights/Sugar Hill (area of City College), Striver's Row, Pig Foot Mary, Tree of Hope, Lafayette College (where Paul Robeson was discovered) and The Abyssinian Baptist Church (which has the largest African-American congregation in New York).

Your participation in this tremendous event and its mission, which again this year, recognize the approach of a significant community anniversary, will help to transform the mindset of youth growing up in Harlem.

SEPTEMBER 19<sup>th</sup> 2009 - 10:00 AM

Proceeds from this event will be applied to THE HARLEM RENAISSANCE ROAD RACE SCHOLARSHIP, MENTORSHIP and HEALTH PROGRAMS. The Harlem Renaissance Road Race is a 501(c)3 not-for-profit organization whose purpose is to promote and give new life to the Harlem Health, Mentoring and Education Movements.